



TRAINING THAT DEVELOPS  
*REAL CAPABILITY*



**Team Leadership**

LPD013

## Team Leadership

All teams naturally want and seek out strong leadership for decision making, direction and goal achievement. Strong leadership requires specific skills and awareness to enable teams to be successful. This program will explore and enable practise of these skills to fully experience what is leadership is.

## Duration & Price

Duration: 2-3 days

Delivery mode: This programme is available In-Company

## Dates & Locations

*In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.*

## In-Company Training

Please [contact us](#) for more information on our In-Company training options

## What's covered?

- Define leadership, distinguish between leadership and management and identify the characteristics of effective leaders
- Critically evaluate and practise a range of leadership styles
- Identify different types of teams and their functions
- Identify the characteristics of an effective team and outline the stages of team development
- Assess your own preferred team role and evaluate the need for different roles within a team
- How to motivate individuals and teams
- Understand and demonstrate conflict resolution techniques
- Develop skills in coaching to improve performance of individuals and team
- Understand the principles of good time management, how to prioritize, plan and run a meeting

## Who should participate?

Those new to or interested in furthering their knowledge and skill in leading and developing optimum performance in teams

## What will I learn?

Participants achieve the following learning outcomes from the programme;

- Have increased awareness of the role and requirements of a Team Leader within the business
- Know how to positively motivate and engage teams in the achievement of organisational goals and targets
- Contribute to the development and practice of team working
- Work effectively as a team leader
- Know how to effectively and consistently communicate in a manner which engenders clear employee understanding of their role and fosters positive relationships

## How do we train and support you?

Building on over 30 years' experience in human resource learning and development; the tutor utilizes an experiential learning approach to their programs. This methodology of learning provides an opportunity for learners to engage with, experience and apply the learning in a practical way and also provides the opportunity for learners to receive feedback on their newly applied skills. The opportunity is also provided to learners to reflect on the full learning experience and how this might be of value to them in the achievement of their learning goals.

To assist and continue with skills development, we facilitate via email a post learning reflective practice utilizing skills practice sessions recorded during the course. This assists delegates in embedding new learning, gives further support and enables them to define any further actions required. This program offers one to one or group coaching as an additional element to further support the delegate and embed the learning process.

Delegates will also receive a very comprehensive course manual.

## Tutors



**Gina Ryan**  
[View Profile](#)

## What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on [CourseCheck.com](https://www.coursecheck.com), an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



[Click Here](#)



# TRAINING THAT DEVELOPS *REAL CAPABILITY*

SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

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